

Banana Oatmeal Cookies

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Chopped pecans can be substituted with chopped walnuts if desired.

Ingredients:

3 medium bananas.
2 cups of quick-cook oatmeal.
1 ½ cups of chopped dates.
½ cup of chopped pecans.
1/3 cup of white sugar.
1/3 cup of salad oil.
1 teaspoon of vanilla extract.
¾ teaspoon of salt.

Directions:

Mash the bananas.

In a suitably sized bowl mix the mashed bananas with all the other ingredients.

Drop by rounded tablespoons onto a cookie sheet (yields about 30).

Bake at 375°F (190°C) for about 25 minutes.